

# U.S. Measurement System

**NIST**  
National Institute of  
Standards and Technology



Final Agenda

## ***Imaging as a Biomarker: Standards for Change Measurements in Therapy*** A U.S. Measurement System Workshop

September 14-15, 2006  
National Institute of Standards and Technology  
Administration Building – Red Auditorium

## ***Closing Session***

Michael W. Vannier, MD  
Moderator

# Closing Session Summary

- Priorities and Next Steps for the agencies and the stakeholders after participating in the workshop.
- Keeping in mind that the agencies have to carry back to their decision makers
  - “Why industry can't do it alone?  
... or ...
  - Why that won't produce the best result for the nation?“  
... and for NIST ...
  - “Why NIH and FDA can't do it alone" ...

# Presentation Outline

- Statement of the Problem
- Criteria for Success
- Stakeholders
- Potential Solutions
- Roles
  - Industry
  - Professional Societies
  - Government
  - Academia

# Imaging as a biomarker

- Who is involved?
  - Government agencies (NIH, FDA, NIST)
  - Industry (Medical imaging & Pharmaceuticals)
  - Professional Societies (RSNA, ACR, ISMRM, SPIE, AAPM)
  - Industry Associations (NEMA, PhRMA)



# Imaging as a biomarker

- **Biomarkers are biological indicators of disease or therapeutic effects** that can be measured by *in vivo* biomedical imaging and molecular imaging in particular, as well as other *in vitro* or laboratory methods.
- Recent work has shown that biomedical imaging can provide an ***early indication of drug response*** by use of X-ray, MRI, CT or PET-CT.

# Imaging as a biomarker

## ***VARIABILITY***

- Many **sources of uncertainty** exist in imaging as a biomarker.
- **Biological variability**, for example, is a factor that is both drug- and patient-dependent and thus difficult to characterize or model.
- Additional uncertainties are associated with the image **data collection** platform and the robustness of **software tools** used for:
  - quantitative measurement of change over time
    - tumor volume
    - radioactive tracer activity
    - contrast agent dynamics
- All these sources of uncertainty significantly affect the **statistical power of clinical drug or therapy trials**.

# IHE Lessons

- Industry should drive the process
- A neutral party should act as a facilitator
- Publicity is key to maintain momentum and to draw in new participants

# PhRMA's Perspective

- Need for consensus and partnership toward developing industry standard, regulatory and clinical guidelines for harmonizing and standardizing imaging in clinical trials to manage quality, cost and time.

Dr. Analoui



# Content of Standards

- Data collection
- Image post-processing
- Data management and archiving
- Quality control

# Four Key Questions

- Why do we need standards? (impact on quality, cost, speed)
- When do we need standardization vs. harmonization?
- Priority list of areas that guidelines are required: Limited, initial list of modality-disease-endpoint specific projects that are most critical for key players to begin with.
- Identify key partners and expected role for each of them. Partners and their roles could be project specific.

# The Rise and Fall of CORBA

**CORBA** is the acronym for **C**ommon **O**bject **R**equest **B**roker **A**rchitecture

Depending on exactly when one starts counting, CORBA is about 10-15 years old. During its lifetime, CORBA has moved from being a bleeding-edge technology for early adopters, to being a popular middleware, to being a niche technology that exists in relative obscurity. It is instructive to examine why CORBA—despite once being heralded as the “next-generation technology for e-commerce”—suffered this fate. CORBA’s history is one that the computing industry has seen many times, and it seems likely that current middleware efforts, specifically Web services, will reenact a similar history.

Michi Henning, ZeroC  
ACM QUEUE, JUNE 2006, VOL. 4 NO. 5

# AAPM Perspective

- Need exists for an “Imaging Physics Center”
- Integrate planning images; treatment plans; verification images, ... and submit them digitally.
- Quality control of treatment planning and delivery.
- Radiation therapy is increasingly dependent on imaging data

# SNM Perspective

- Molecular imaging
- Radiopharmaceutical GMP/GCP for PET tracers
- Quantitative tracer uptake determination (SUV and successors)
- Phantom testing – multicenter imaging system performance trial
- Empanelled a group of experts in “clinical trials”

# The Opportunity

- Whether it's Alzheimer's disease, osteoarthritis, lung cancer or many other potentially treatable conditions, multicenter clinical trials are required to test hypotheses (and answer regulatory questions).
- Imaging promises to provide surrogate endpoints (e.g., biomarkers) that predict clinical outcomes.
- Imaging results can be used to decide whether a treatment is working or not, long before clinical outcome can be determined.
- Imaging biomarkers could facilitate decision making thereby ***reducing time and lowering cost***
  - so new treatments can benefit patients sooner

# Importance of the Problem

- Medical images are frequently acquired and evaluated in clinical trials of drugs and devices
- Lack of standardization (for collecting and managing images) increases cost and introduces avoidable delay

# Why don't we do this already?

- The **variability** inherent in these multicenter trials that use imaging is too high.
- **Standards** developed for clinical medicine (care of individual patients) are insufficient to pool data from multiple sites (different instruments, locally varied acquisition protocols, ...)
- **Sharing of data** in clinical trials is rare
  - Sharing is the exception, rather than the rule.
- HIPAA is an impediment (need for de-identification)
- Processes to distribute, update, track clinical trial & image data are absent in most hospitals and clinics. (We have this infrastructure for clinical needs within healthcare organizations, but external interfaces are undeveloped).



# Imaging biomarkers

- Must have comprehensive databases (images, clinical data & outcomes) to develop and validate biomarkers
- The design and construction of databases can be independent from the synthesis of biomarkers (e.g., tools to compute them)
- Exact details of the biomarker(s) need not be defined when the database is assembled.
- Validation is essential (validity of marker itself, as well as validity of software tools and integrity of databases)

# Analogy to Serology

- Banked specimens (serum from blood samples) are routinely collected and stored in biobanks.
- Specimens may be linked with clinical records (including outcomes).
- Biomarker developer obtains access to specimens and receives a small amount of each sample.
- These are tested, and the predicted results compared with known outcomes.
- Test set **vs.** Training set (for pattern recognition)

# Quality Criteria

- Cross-site consistency
- Known sources of variation
- Reader evaluation
  - Independent readers must work across platforms (e.g., GE, Siemens, Philips, ....)
- Documentation (imaging manuals) that match the requirements
- Site monitoring – phantom / calibration
- Archive – integrity; completeness; retention of records
- Document all deviations

# Medical Imaging

- Overwhelming majority of images are gathered to answer clinical questions that pertain to management of individual patients.
  - Incredible variability; The “Wild West”
- Specialized exams are done for clinical trials, where the questions pertain to groups rather than individual patients.
  - Reduced variation in a single center study, where investigator can control most sources
- Multicenter clinical trials are a special case, where harmonization across sites is needed so pooling of data can be done.

# Medical Imaging and FDA

- The standards for acceptable variation, need for auditable records keeping, and linkage to ancillary clinical data are more demanding than ordinary medical practice.
- Medical imaging systems, PACS, workstations, and interfaces **are NOT designed** to support this activity.
- Reliable decision making based on medical imaging requires comprehensive standards (that fill gaps) and tools to maintain integrity and ensure quality of results.

Dr. George Mills

# Need to Share

- Data sharing in clinical applications is an unwelcome burden to original investigators
- Infrastructure to do this is costly and complex (and largely non-existent)
- Reasons for not sharing are numerous

# Precedents

- **ADNI** provides de-identified MRI, PET and clinical data for 54 sites, 450 subjects.
  - ADNI-info.org has this information...
- **OAI** provides 3T MRI data of joints.
- **ACRIN** and **RIDER** have image databases
- **ATC** has managed digital data for image-guided radiotherapy, including Phase 3 clinical trials
  - ATC is a model for image-guided therapy planning & evaluation multicenter trials

# Why not do this alone?

- Medical imaging is huge and complex.
- New standards imply a change of direction.
- Key constituents are independent and powerful
  - e.g., clinical healthcare enterprise, medical imaging industry, FDA, ...
- There are few models of successful collaboration among all of these entities.



# Stakeholders

- 
- Sponsor (Pharmaceutical Mfgr.)
  - CRO
  - Clinical sites
  - Patients
- 
- Government
  - Medical Imaging Industry
  - Professional Societies; Academia

# Why doesn't the medical imaging industry do this already?

- Customers don't ask for it.
- No one pays for it.
- Most clinicians wouldn't use it.
- No specific competitive advantage.
  - In fact, the variation in systems is used for competitive advantage.
- Regulatory overview of products is a major cost and may increase time to market.
- Liability concerns.

- **Imaging in multicenter clinical trials**

## ***REQUIRES***

- **Standardization of multicenter imaging**

# “Precision is the goal of multi-center imaging”

- Implement the same, detailed imaging acquisition protocols at all clinical sites
- Clinical trial imaging = “established” NOT “cutting-edge”
- Optimize image processing & reconstruction software
  - Avoid manual techniques
  - Select and develop semi-automated or automated

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# Criteria for Success

- Emergence and implementation of consensus multi-center imaging standards
- FDA uses Independent Review Charters (IRC): clinical protocol, statistical analytical plan

2000 =2; 2003 =<12; 2006 (to date) = >36

\* Prospectively designed, reviewed and approved by FDA prior to the initiation of Phase 3 studies

# Model: Imaging Biomarkers used in planning and evaluating therapy

- ATC = Advanced Technology Consortium
- Radiotherapy multicenter clinical trials
  - Planning is based on images
  - Therapy is delivered under image control
  - Response is measured with images
- Large Phase 3 clinical trials have been conducted and results reported
  - All data is in a digital repository
  - 2° analyses have been performed

# IBM Perspective

- “Information-based medicine”
- Integrate diverse information, including images
- IBM Imaging Biomarker Summit meetings (Dec 2005, June 2006)
- JANUS data model for future drug submissions

# Imaging CRO Perspective

- Academic vs. Commercial trials
  - Lowest common denominator
  - Strict regulatory oversight
  - Strict software validation requirement
- Dozens vs. hundreds of trials; thousands of sites (including community centers)
- Investigators are clinicians (not radiologists)
- Numerous standardization opportunities (trial design, site equipment, acquisition, transfer of images, independent reads, response criteria and change detection, tools, QC, submission, compliance and certification, archival storage and re-use, audit trails (IHE)).
- What about international clinical trials?
- Media transfer and legacy infrastructure is solved problem.
- Network transfer infrastructure is challenging.
- IHE Clinical Trial Profile – Deidentification for teaching files is similar to clinical trials

David Clunie, MD - DICOM



# Software

- Tools are poorly supported in academic world
- Most academic software is not reusable
- caBIG eXtensible Imaging Platform (XIP) effort (standards-based)
  - Uses standards-based open architecture system for oncology
  - Very comprehensive: genetic data, clinical data, images, the kitchen sink (and the plumbing)....

# Clinical Trial Audit Trails

- 21 CFR 11 requirement for records
  - Required by FDA
  - Standard for electronic recordkeeping
  - NOT part of current clinical care delivery systems (PACS, RIS, HIS)
- Standards are needed if they add value & will be used (globally)

# Next Steps

- What should Pharma do?
- What should Professional Societies do?
- What should Medical Imaging System Manufacturers do?
- What should Government do?
- What should Academia do?

# What should Pharma do?

- Seize the initiative; Take the lead...
- State the problem
  - e.g., Review and refine the problem statement
  - Engage FDA early
- Set priorities
- Provide resources
- Link CDISC to DICOM
- Monitor progress; Test FDA's response

# What should Professional Societies do?

- Recognize and endorse “Imaging Biomarkers”
- Publicize the issue to their membership
- Empanel domain experts that do clinical trials and engage them with Pharma & Govt
- Act as facilitator
- Define “quality” of clinical trials in their domain;  
Define and disseminate best practices for clinical trials in their domain; Case studies with critique
- More publicity

# What should Medical Imaging Systems Manufacturers do?

- Respond to “imaging biomarkers” initiative
- Attend and participate in “DICOM” meetings that address “imaging biomarkers” needs
- Link DICOM to CDISC
- Educate their users
- Recognize the advantage of imaging clinical trials in the long term future success of their products...
- Cross licensing of software technology

# What should Government do?

- Ensure inter-agency communication and collaboration (No one agency can do this alone)
- NIST can define the problem and distill the essential needs so “lack of standardization” can be approached; provide a framework (IT)
- Whitepaper on “Imaging Biomarkers”
- Sponsor testbeds; support “Imaging Physics - Quality Center” = use the experience of RT / ATC / RTOG in image-guided therapy trials as model
- Monitor progress and publicize progress
- Facilitate data sharing = sponsor open archive
- Develop standard phantoms (e.g., for brain MRI)

# What can Academia do?

- Include “clinical trials” infrastructure needs in procurement of new systems (imaging scanners, PACS, ...)
- Integrate clinical trials records with images (and genomic data) in single center studies
- Share their results and recognize sharing as important (rather than exception or an option)
- Engage Radiologists / Medical Physicists / Nuclear Medicine Physicians / MRI experts in the design of new trials
- Enhance the role of clinician-scientists with imaging expertise that do human oriented research



# Overall Summary

- There is a critical and immediate need to establish and implement standards for medical imaging in clinical trials
- On completion, a standardization initiative would benefit patients by providing new drugs and devices to treat their condition.
- Other beneficiaries include industry, government, payors, and the public.

# Panel Discussion

## Based on the discussions you heard at the workshop and breakouts:

- 1) What should be the **Next Steps** for imaging standards and measurement needs?
- 2) What are the **stakeholder roles** and **near-term priorities** for imaging standards and measurement needs?
- 3) **What "push" is needed** by everyone to get players together to address standards and measurement problems that are too large for any one sector, agency or group to resolve?



# Cross Licensing

- MRI system requires 1500 patents, approximately equally distributed among the major manufacturers
- 5 year agreements allow use of technology